

Special HOME Issue

TOWN & COUNTRY

ESTABLISHED IN 1846



GREAT AMERICAN STYLE

CALIFORNIA'S COAST

THE HAMPTONS

TEXAS

THE MIDWEST

READER MAIL *October*

In Your Own Words...

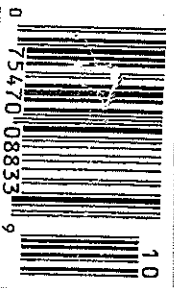
FACING OURSELVES

As a licensed psychotherapist and a certified specialist in addictions, I thank you for "Facing the Truth," a compelling description of recovery from addiction—and one that could be told about prescription drugs, illegal drugs, alcohol and many other substances. It's important to note that addiction to prescription drugs is not a problem for women only. Both men and women are increasing their reliance on the medicinal crutch.

The stigma of pill-popping is eroding, and a lackadaisical attitude toward drug use in general is escalating. With a physician's stroke of a pen, a prescription can magically soothe away any crisis. The prescription is terrifyingly simple: a pill for every ill. I hope all readers take this issue seriously enough to check out their own medicine cabinets.

MAHINO E. CARBONELL, *Miami, FL*

OCTOBER 2005
U.S. \$4.00, CANADA \$5.00
FOREIGN \$5.00



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